**Managing Hypoglycaemia in Patients in Hospital**

**If child is unwell or NBM and displays the following symptoms:**

### SYMPTOMS OF HYPOGLYCAEMIA

* Sweating
* Cold & clammy to touch
* Behavioural changes appearing jittery/confused or disorientated

Test blood glucose

**If blood glucose <3.0 mmol/ L**

### START TREATMENT

**Give:**

* **50ml 10% Maxijul water** (5g glucose polymer dissolved in 50ml water)
* **OR 50ml pure fruit juice** (apple/orange)
* **OR Glucogel®** (10g glucose per 25g tube. Squeeze half a tube into child’s mouth if unable to take Maxijul water orally/NG/PEG)
* **If NBM** add dextrose into IV fluid prescription

**Continue feed as per feeding plan**

**Refer to Clinical guidelines for Ketogenic diet on EPNG website**

Re-test blood glucose levels after

20 minutes

**If blood glucose <3.0 mmol/ L with persisting symptoms**

**Give further 50ml 10% Maxijul water OR Glucogel® as above**

**OR consider IV dextrose at 2ml/ kg until normal blood glucose levels achieved**

**Also monitor blood glucose levels pre-feed or food 4 hourly for 48 hours**

Contact Ketogenic Diet team for further advice